

## EDUCATION

- Inver Hills Community College, Inver Grove Heights Minnesota*  
**AS in Paralegal Studies** **2007**  
Areas of Concentration: Corporate, Real Estate, and Probate law  
**Working toward completion**
- Metropolitan State University, St. Paul Minnesota*  
**BA in Legal Theory** **2007**  
Areas of Concentration: general theory in relation to macro perspectives in law and society.  
**Working toward completion**
- Dakota County Technical College*  
**Microsoft Certified Systems Engineer** **1999**  
Areas of Concentration: Computer systems in a corporate networked environment.

## PUBLICATIONS

- "A Promise Made- In Pursuit of the Iron Dream" Published in April of 2006**  
An inspiring autobiography about one mans journey from the dialysis chair to the finish line. Shad Ireland was the first dialysis patient to ever complete an Ironman triathlon.
- "The Long Road Back" Scheduled for release in October 2008**  
Do you ever get depressed, and does the happiness ever wear off? A question asked of Ireland after a presentation to a group of patients and health care workers. This question would go on to become the basis of "The Long Road Back"  
Friends, The journey continues.

## SPEAKING EXPERIENCE

- Genzyme, American Kidney Fund, National Kidney Foundation, Renal Networks*  
**Key Note Speaker-** "Partnering to improve the lives of dialysis patients" **2004- Present**  
A presentation for dialysis professionals addressing patient Compliance and Adherence while providing tools on how to improve the quality of life for the patients under their care.
- Guest Speaker-** "Deal, Accept, Live" **2004-Present**  
A presentation for dialysis patients offering hope, inspiration, and specific tools that can be applied to their daily lives enabling a positive, pro-active change.